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Diabetes: 2017 The Secrets About Diabetes That You Never Knew (Diabetes Diet, Reverse Type 2, Diabetes Insulin Resistance, Diabetes Cure, Lower Blood Sugar To Normal)





Synopsis

This book is focused on providing valuable guidance to the patients suffering from diabetes. It provides information about why exactly does diabetes occur and what can make you more prone to develop its complications. The book also discusses the different types of diabetes and the differences between them. It will also help you clear the myths and misconceptions about diabetes and give a better clarity about how can you manage it with the help of diet, exercises, and yoga. It will give simple guidelines about what you should do and what you should not in order to keep this disease in control. Additionally, it provides information about some herbs that can boost the results of your efforts. This book is meant to help the patients with diabetes across the world to learn secrets that can help them live a healthy life by keeping this condition well in control!

Book Information

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